

Bell Schedule

take a pic with your phone

- Grade 9/10's
- P17:55-9:10
- P2 9:15-11:15
- FLEX 11:15-11:45
- LUNCH 11:45-12:15
- P4 12:20-2:20**
- FLEX 2:20-2:50
- **P4 Mon/Thurs students A-L
 Tues/Fri students M-Z

- Grade 11/12's
- P17:55-9:10
- BREAK 9:10-9:25
- P2 9:30-11:30
- FLEX 11:30-12:00
- LUNCH 12-12:30
- P4 12:35-2:35**
- FLEX 2:35-3:05
- **P4 Mon/Thurs students A-L Tues/Fri students M-Z





GR 9 - TAKE YOUR KID TO WORK DAY – NOVEMBER 4 CANCELLED

HWSS will not be participating in this event this year. It will be a regular school day for grade 9s.

*If your Mom or Dad has a special virtual opportunity with their employer, you are of course welcome to excuse them to participate in that activity.

Please be sure to inform the HWSS office if you will be participating in a virtual work opportunity.

Digital Learning 10

Hey grade 9s (last names A-D)!

A friendly reminder:

Assignment 4 Due: Wed Oct 28th!

Next Tutorial: Wed Nov 4th! (your Edublogs should be complete by this date)

Extra Support: **Lunch everyday room 303**



GRAD PORTRAITS & BUDDY PHOTOS

Visit Gallery Link: https://vando.imagequix.com/N9X659C

- → Your Access Code is your Student ID Number
- *ID Number? Your Student ID Number is on your ID card and is the same number every year. You can also find this number displayed on the information sheet that was given out at your appointment from GradsBC.

Order Deadline: Tuesday November 10th, 9:00pm

Retakes - Monday, November 2nd

- We're positive you rocked your first photo session... but just in case you decide to have a retake or you missed the Grad Photo session the first time around, you can book at by clicking on the link below. Please note that the Buddy sessions are not available. It's for Grad Photo + Fashion show sessions only.
- book: https://gradsbc.as.me/?appointmentType=1757113

Questions?

Please email orders@gradsbc.com or call 604-461-3722 Monday to Friday 8:30am to 4:30pm.

Year Book Notification

 Grads, your baby portraits, quote and most likely to is due now.

 Grades 9-12, please verify the spelling of your name for the Yearbook, a printout is found on the 3rd floor on the bulletin board at the top of the main front stairs by the business education department.



 Also, those of you who have a preferred name, please write out your preferred name on the same printout.



This week's challenge is... The BINGO Challenge!

We're posting a bingo sheet on Instagram (@hwssmove4mana)



The first one to submit their sheet wins a...
STARBUCKS
GIFTCARD!

Keep updated with our social media and get ready to MOVE4MANA!

MOVE4MANA





CONGRATULATIONS
TO NARIMAN AVAKOLI
FOR WINNING THE
PICTURE CHALLENGE
LAST WEEK!

MOVE4MANA (4





DID YOU WALK TO SCHOOL TODAY?

Enter the walking draw every time you walk to school for a chance to win an APPLE WATCH!





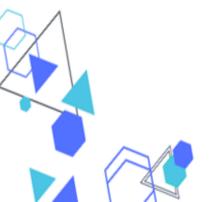
MAKE SURE TO FOLLOW US ON SOCIAL MEDIA!



@hwssmove4mana

ALMOST ALL EVENT INFORMATION WILL BE ANNOUNCED ON OUR INSTAGRAM, SO DON'T MISS OUT!





FOODS 11 SPRING SEMESTER STUDENTS of: Ms. Watt, Mr. Chan and Ms. Wood

If you have not picked up your Foods Safe Certificate, please go to the office.

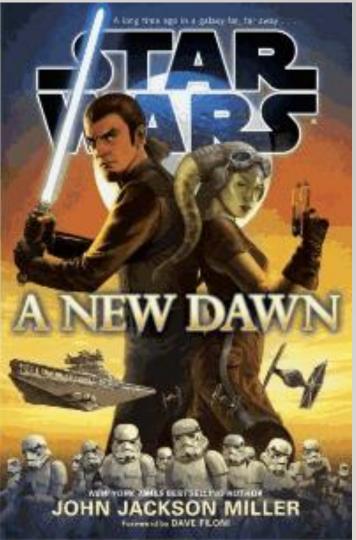
The certificates are filed by

advisory number.



NEW LIBRARY BOOKS – COME AND CHECK THEM OUT!





KODIAK ATHLETICS



HWSS CROSS COUNTRY RUNNERS

We will be participating in the BC School Sports Virtual Cross Country Pandemic Challenge.

Interested students can participate in a 3.5 km or 5.5 km virtual race. If you are interested please contact Coach Castonguay at leastonguay@sd43.bc.ea using your district e-mail.

CLUBS





SCHOOL CLUB FUNDRAISING Fundraising

We (HWSS staff/students) are NOT allowed to bring any outside food on school premises even if it is individually wrapped. If you are in a club and planning a Fundraising activity involving food . . .



There is to be NO Food-Related Fundraising activities until further notice.

FILM LEADERSHIP CLUB

Are you interested in video journalism, filming live events, and streaming?



NO EXPERIENCE NECESSARY

CONTACT MR. STRUDWICK to join

cstrudwick@sd43.bc.ca

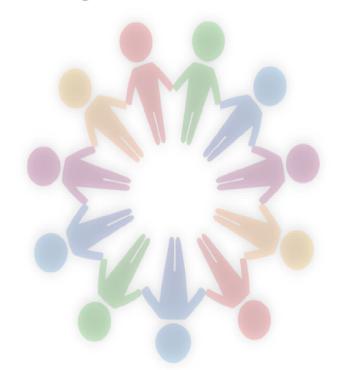


MULTICULTURAL CLUB

- ✓ Interested in other cultures and languages?
- ✓ Want to help promote cultural awareness in school?
- √ Want to meet people from other countries?
- ✓ Need volunteer hours?

When: Thursday 2:35 - 3:05

Where: on Zoom





VIRTUAL MEETINGS ON TUESDAYS

GARDENBANK SOCIETY

Interested in nurturing nature and fighting food shortages?

- · Food Drives
- · Planting school gardens
- Fundraisers
- Recycling
- · Community events
- · Volunteer hours
- Excellent on university applications

SCAN HERE:



ABORIGINAL YOUTH LEADERSHIP CLUB (AYLC)

The Aboriginal Youth Leadership Club (AYLC) is starting once again. The aim of the AYLC is to explore and celebrate Indigenous cultures and perspectives while developing leadership skills, confidence and sense of belonging. In the past there have been such activities as canoeing, weaving, nature walks for medicines and cultural teachings such as Medicine wheel, and as well, opportunities for youth to do volunteer activities for our community events. Meetings will be monthly, and the duration will be 90 mins. For those interested in joining the AYLC, please send your name to awaunch@sd43.bc.ca Space will be limited due to Covid restrictions and as set out by the Provincial Health Authority.

HWSOAP TUTORING

Contact <u>hwsoaptutor@gmail.com</u> for free online peer tutoring in all school subjects!



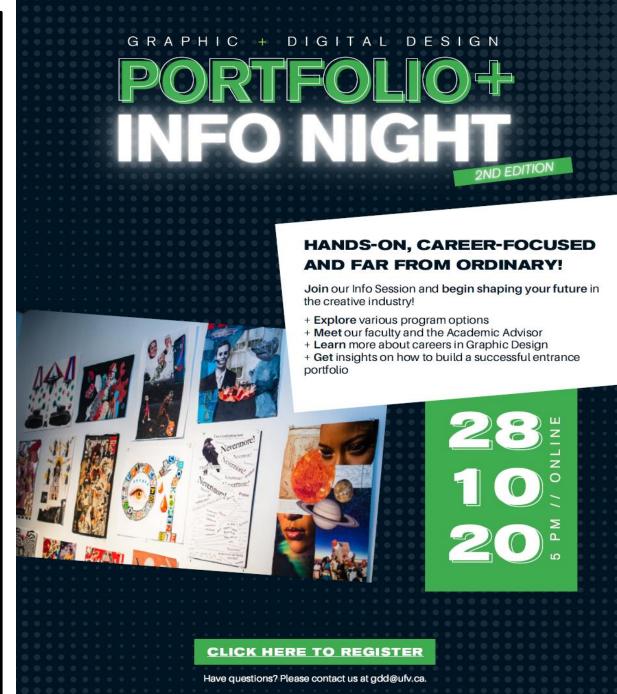
CAREER CENTER



Join us at this event on October 28th, 2020 (Wednesday) from 5 PM – 7h30 PM through Zoom.

To attend to this info session, please register using the link below:

https://forms.gle/Snuk c4NDa1zuL9sQA





CANADIAN MEDICAL HALL OF FAME DISCOVERY DAYS IN HEALTH SCIENCES NOVEMBER 17, 2020





Our modified virtual half day program comprises a keynote lecture, an interactive workshop and a career panel discussion. As always, participants will have the opportunity to select their own workshop. Please note that, although our delivery model has been adapted temporarily, the program is still considered an individual learning opportunity and workshop spaces continue to be limited.

 https://forms.office.com/Pages/ResponsePage.aspx?id=74xl2ZlCUkKZJ WRC3iSkS12gtRqqkPhHgSV4d06Pfd1UMjJZNUpQR1pZVU02UzVOSk ZSWkE2OFNUVy4u

https://www.cdnmedhall.org/bcchri2020

TARE YOU UP TO THE CHALLENGE

FUTURE BUSINESS LEADERS VIRTUAL CONFERENCE FALL 2020

FRIDAY NOV 13, 5:00PM-7:30PM

Q.

SATURDAY NOV 14, 10:00AM-4:00PM

Are you a Future Business Leader?

• KPU is hosting a two-day business conference for Grade 11/12 high school students. Winners of the competition will be given an Entrance Scholarship to KPU's School of Business and will be crowned the Future Business Leaders of 2020.



Benefits for Students

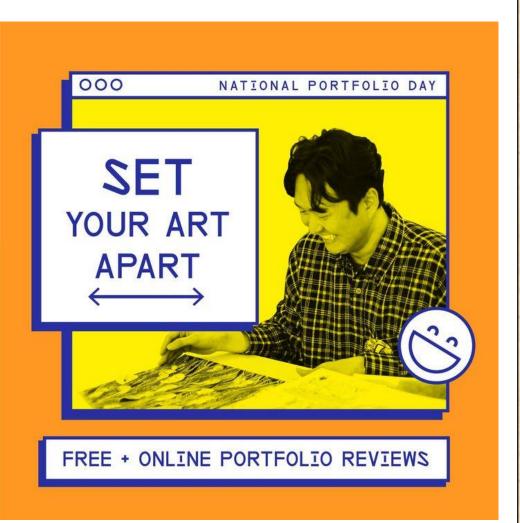
- KPU scholarships for the winning team
- Win the title of "Future Business Leaders of 2020"
- Mentorship from KPU Business Faculty
- Gain university-level business skills
- Network with industry professionals

2020 Prizes for Students

1st Place Team: \$1000 tuition award + \$50 Visa Gift card for each member of the team

2nd Place Team: \$50 Visa Gift card for each member of the team

3rd Place Team: \$25 Visa Gift card for each member of the team



Events

For High School students and High School graduates

Sunday November 1
Sunday November 8
Sunday November 15
Saturday November 21
Sunday November 22
Saturday December 5

- https://nationalportfolioday.org/ schedule/
- Register now at http://nationalportfolioday.live

WCM

Interested in studying STEM in university or college? Register for SheBiz 2020!

Ticket Cost
Free for high school
/ CEGEP students



Have you been thinking about studying Business, Science, Technology, Engineering or Mathematics after high school but not sure where to start? SheBiz 2020 is the perfect opportunity to learn more about careers in Finance from current university students and professionals in the industry.

We'll have representatives from some of Canada's largest financial institutions and universities that you'll be able to talk to and learn from directly.

Don't miss out on this exciting event, tell your friends and make sure to register before it's too late!

Wednesday, November 25, 2020 12:30PM - 3:30PM EST Virtual on Hopin

SFU – Beedie School of Business



Are you interested in attending the SFU Beedie School of Business?

- Webinars
- We will be hosting webinars on Wednesdays at 4pm. All are welcome to attend, and registration can be made at <u>beedie.sfu.ca/bachelor-of-business-administration-webinars</u>
- Interactive Viewbook
- Our interactive viewbook, complete with stats, student testimonials, and video content is now available! Go to bottom of the page on <u>beedle.sfu.ca/bba</u> to take a look.
- Connect with a Current Student or Advisor
- Do you have questions about the SFU experience? Are you interested in tips on how to make a successful transition to university from someone who's already done it? Book a video conference chat with a current SFU Beedie student or one of our advisors at <u>sfubeedie.janeapp.com</u>.
- If all advisor slots are booked, send us an email at bsb_admit@sfu.ca to set up a time.

Upcoming SD43 virtual Info sessions:

- Tuesday October 27 6 pm University of Toronto: https://apply.adm.utoronto.ca/register/?id=8a893c73-c85f-40eb-bbe1-39811bb5a05f **registration is open NOW
- Tuesday October 27 4 pm University of Guelph https://zoom.us/j/99539684225 Meeting ID: 995 3968 4225
- Wednesday October 28 3:30 pm Emily Carr University of Art & Design:
 https://zoom.us/j/95099892912 Meeting ID: 950 9989 2912 Passcode: 569187
 - Monday November 02 6 pm University of Toronto: https://apply.adm.utoronto.ca/register/?id=25fddd4a-fc02-4cf0-bb74-fd13eae95fb6 **registration is open NOW
 - Tuesday Nøvember 03 4pm UBC Sauder School of Business: Save the date link not yet available

 *for HWSS students ONLY

 NOTE: this is a student-led session by current Sauder students
- Wednesday November 18 6 pm
 - SFU: https://sfu.zoom.us/j/89231081304?pwd=aXhaZXQ3aytKM2pqNHA2MUFsZ2p2QT09 Meet/ng ID: 892 3108 1304 Password: 620941
- hursday November 19 4 pm University of Calgary: save the date, link not yet available
- Wednesday November 25 4 pm University of Calgary:
 - https://ucalgary.zoom.us/meeting/register/tJAvdOyhrD8rG91b08GUTj0DfCdfmrws1_9k Registration is open NOW
- Thursday November 26 4 pm Ryerson University: Save the date
 - https://ryerson.zoom.us/j/99862028623?pwd=bVpDR0dBTEJwVSt0aU52dXhRK2puZz09 Passcode: 496262

Upcoming SD43 Virtual Info Sessions continued . . .

PSBC Tri-Cities Fairs:

Wednesday November 4th 2 – 6 pm Thursday November 5th 3 – 7 pm

Community Fairs open to anyone

Saturday, November 14 Noon – 4:00 pm

Wednesday, December 2 3:00 – 7:00 pm

PSBC Registration link:

https://postsecondarybcvirtualfair.easyvirtualfair.com

Lester B. Pearson International Scholarship Program

The Lester B. Pearson International Scholarship Program at the University of Toronto is intended to recognize international students who demonstrate exceptional academic achievement and creativity and who are recognized as leaders within their school. A special emphasis is placed on the impact the student has had on the life of their school and community, and their future potential to contribute positively to the global community. Awarded annually, these scholarships recognize outstanding students from around the world, including international students studying at Canadian high schools. This is U of T's most prestigious and competitive scholarship for international students. Each year approximately 37 students will be named Lester B. Pearson Scholars.

Eligibility:

- an international student (i.e. a non-Canadian requiring a study permit)
- an original and creative thinker committed to school and community
- a high achiever in academic and creative pursuits
- enthusiastic about learning and intellectual exploration
- have demonstrated strong leadership skills
- currently in their final year of secondary school
- · intending to begin university in the upcoming academic year
- If you are interested in being considered for nomination for the Lester B Pearson International Scholarship please return the completed fillable pdf application to Ms. Butler no later than 12:30 pm on Thursday October 30. One student can be nominated. No late applications will be accepted.

For more information visit https://future.utoronto.ca/pearson/about/

• The application can also be located on the career centre website — Finances & Awards - Entrance. http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=

Post-Secondary BC Events: Registration information not yet available but will be soon.

https://www.postsecondarybc.ca/events/

https://www.youtube.com/watch?v=t7-Ath mH2E

• Wednesday, November 4 2:00-6:00 Tri-Cities

• Thursday, November 5 3:00-7:00 Tri-Cities

• Saturday, November 14 12:00-4:00 Community

Event

• Wednesday, December 2 3:00-7:00 Community Event

*this event will feature the 25 BC post-secondaries

SFU / UVIC / UBC / U OF T

SFU:

- https://www.sfu.ca/students/admission/campus-tours.html
- Prospective Undergrad students

UVIC:

- October 27, November 12, 17, 24
- https://www.uvic.ca/undergraduate/tours-events/events/index.php

UBC:

- Future students Live Virtual Vancouver Campus tours throughout September and October, listed on the Undergraduate Future Student Portal:
- https://account.you.ubc.ca/s/events

U of Toronto:

- U of T Webinar for Prospective Students Monday, November 2 at 6:00 PM
- <u>U of T Webinar for Prospective Students</u> Monday, November 9 at 8:30 AM
- <u>U of T Webinar Prospective Students</u> Monday, November 16 at 6:00 PM
- <u>U of T Webinar for Prospective Students</u> Monday, November 23 at 8:30 AM
- This is just a small sample of the events happening.
- For virtual information session schedules at other universities please log on to the school admissions website to find information.
- We are also in the process of scheduling some HWSS or SD43 specific information sessions. Stay tuned for those!

Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/care er/Pages/FinancialAid.aspx#/=
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler dbutler@sd43.bc.ca

TD SCHOLARSHIPS FOR COMMUNITY LEADERSHIP

Community heroes do good work because they are inspired to, not for the recognition.

TD is committed to opening doors for a more inclusive and sustainable tomorrow, creating conditions so everyone has the chance to succeed in a changing world. Unique in Canada, the TD Scholarships for Community Leadership are offered to students who, like TD, help support change, nurture progress and contribute to making the world a better place. Have you shown exceptional initiative in making a meaningful and lasting difference in your community? Then we want to hear from you, as you may qualify for one of our Community Scholarships. It's not just about marks in the classroom, but rather the marks you have made on your community.

 We're interested in hearing from students who have demonstrated consistent and outstanding dedication to solving a community problem or making their community a better place. For example, you may be cleaning up the environment, promoting social justice, or fighting child poverty.

Applications are now open. Deadline to apply November 13, 2020

https://www.td.com/ca/en/personal-banking/solutions/student-banking/community-leadership-scholarship-for-canadians/?cid=DFA:24400322:2951408:277133729:135942033

REPEAT NOTICES



Complex Sports



Fridays 5-9pm & Saturdays 4-8pm at the Recreation Complex

- \$12 for 45-minutes of court time
- Up to 4 players on the court at a time
- · You must pre-register for your session
- Registration opens 24 hours in advance
- Register at portmoody.ca/signmeup or 604.469.4556
- For youth in grades 6-12



Special measures will be in place to help prevent the spread of COVID-19, including extra cleaning of indoor areas, limited class sizes, and physical distancing when possible

portmoody.ca/youth | 604.469.4556

PORT MOODY